



Erasmus +

# GREEN PRACTICES In Youth Work

Empowering youth workers to integrate sustainability in everyday practices



Training Courses

16th - 23rd November Dinard, France

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Place: Dinard, Brittany, France

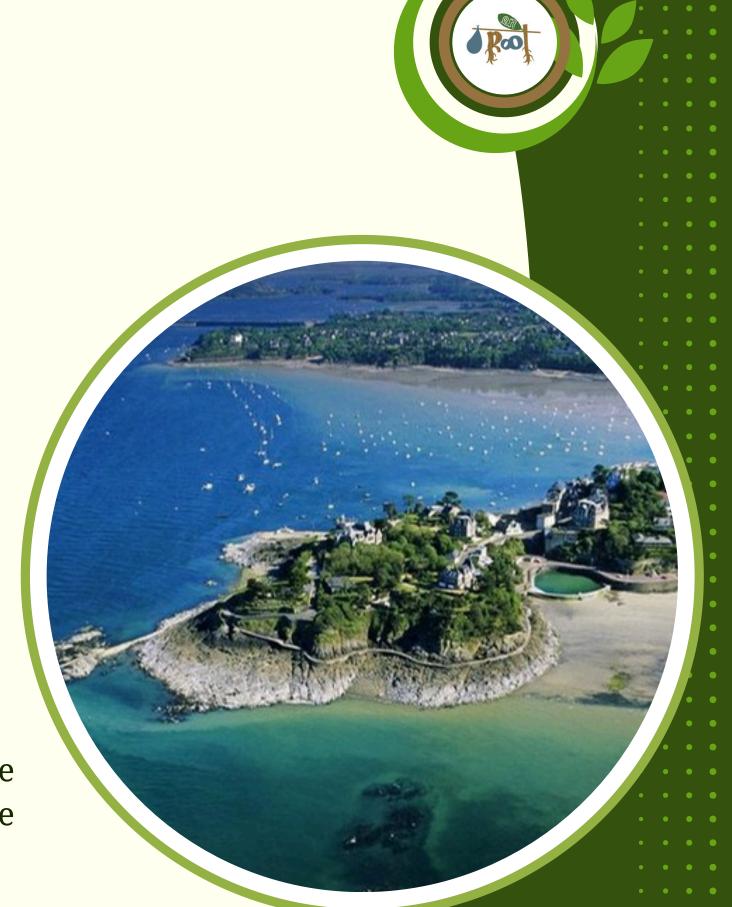


Arrival: November 16, 2025 till 17 PM



Departure: November 23, 2025, 10 AM

**PS**: If you plan to extend your stay beyond the duration of the training, you will be responsible for covering the cost of the accommodation and catering by yourself.





## AIM OF THE PROJECT

#### The main aim

The main aim of this training course is to empower youth workers with the necessary knowledge and skills to promote sustainability and encourage young people to make informed and eco-responsible choices in their daily lives. This initiative is the result of a strong collaboration between five partner organisations.

#### Partner organisations

- En Root (France)
- Harsova 3D (Romania)
- Coda di Lupo (Italy)
- Pangea (Turkey)
- Rumbo a Europa (Spain)



# OBJECTIVES

- Acquire in-depth knowledge related to developing greener strategies in youth work
- Discover and implement sustainable non-formal methods tailored to the youth field

- Exchange good practices and ideas for eco-friendly educational approaches
- Strengthen cooperation and build international partnerships focused on sustainability

# PARTICIPANTS



#### 24 youth workers + 2 trainers



#### Romania

5 youth workers 1 trainer



#### Spain

5 youth workers



#### Türkiye

4 youth workers



#### Italy

5 youth workers



#### France

5 youth workers 1 trainer



### PARTICIPANTS PROFILE

- Participants should be 18 years old or older, motivated to explore sustainability and green practices, and ready to engage actively throughout the training.
- They should be volunteers or youth workers involved in local organizations or community initiatives and able to disseminate the acquired competences within their local communities.
- This training welcomes participants motivated to be part of an intercultural learning experience and eager to exchange knowledge and practices with peers from different countries.



### OVERVIEW OF THE TRAINING COURSE



Day 1 Introduction & Team Building

Welcome activities, team dynamics, and setting expectations

Day 2 Understanding Sustainability in Youth Work

Workshops and role plays exploring green practices

Day 3 Non-formal Methods for Green Education

World Café and interactive group activities to share tools and ideas

Day 4 Outdoor Learning & Nature Connection

Experiential learning through outdoor activities around Dinard

Day 5 Community Discovery

Local visits and collaboration with the Dinard community to identify sustainable practices

Day 6 Evaluation, Action Plan & YouthPass

Reflection, evaluation, and planning future sustainability initiatives



### ACCOMMODATION

In the heart of the seaside town of Dinard, Sport Bretagne has a reception site that allows different types of participants to organize their stays. With its sports, accommodation, and catering facilities all concentrated in one place, all the conditions are in place to welcome you in an ideal setting.

Rooms of 2 people with shared bathrooms. Common spaces are available for leisure, reflection, and intercultural evenings.

Breakfast, lunch, and dinner are fully provided.



Hébergement - Sport Bretagne



### TRAVEL BUDGET LIMITS & GREEN TRAVEL



Accommodation, living and other project / exchange related expenses: 100% funded by the Erasmus+ programme.



Travel reimbursement limit:

up to 395€ per participant for

Romania - Spain - Türkiye - Italy

up to 65€ per participant for France

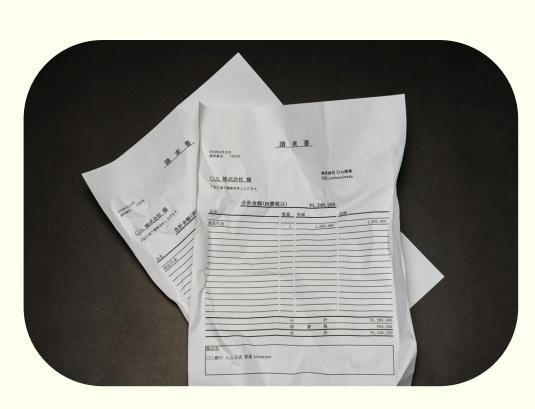
according to Erasmus+ distance rules

We encourage you to choose green travel!

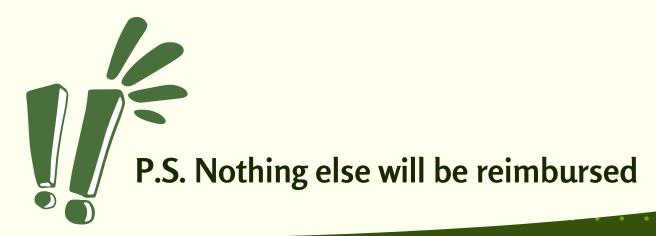
Please do not forget to keep all your boarding passes, invoices, transportation tickets in order to be reimbursed!



### WHAT CAN BE ACCEPTED AS TRAVEL COSTS?

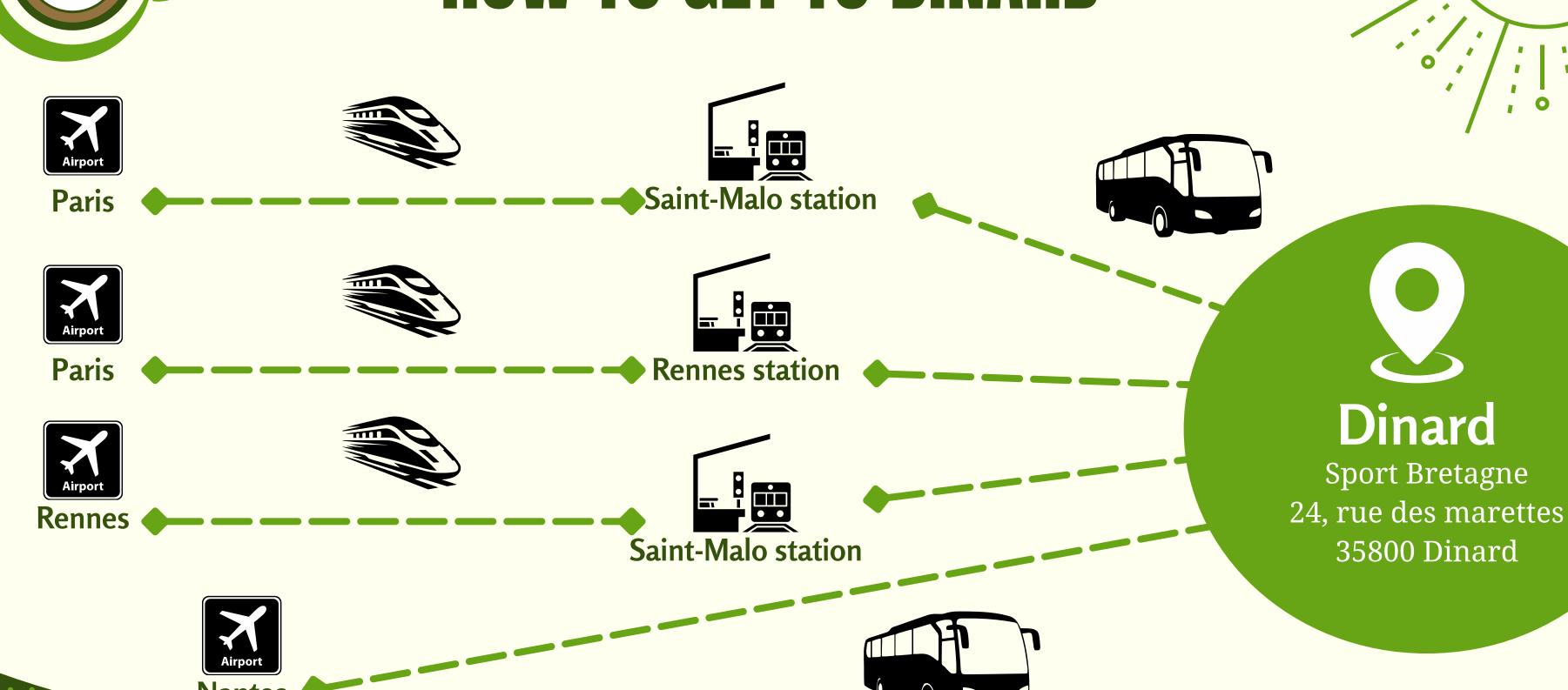


- Flight tickets; Public transport tickets (bus, ferry, train, metro etc.);
- Train tickets;
- Fuel receipts (make sure you agree with us on travelling by car);
- Taxi, Uber, Bolt costs (with checks or receipts);
- Extra luggage;
- Travel insurance.





### HOW TO GET TO DINARD



### WHEN YOU ARRIVE TO DINARD

If you don't find
Sport Bretagne,
you can call
+336 16 35 69 40



# CONTACTS



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